

Quality care and expertise delivered with compassion and Christian values

When Deanna Altenbernd opened Caring Christians Private Duty seven years ago, she felt led by faith. Today, her company is “the largest, No. 1-rated private duty company in all of St. Louis – and the least expensive.” The company is also one of the only private duty companies locally owned by a medical professional.

Deanna has 36 years of experience in ICU and hospice nursing and as a skilled home care administrator. “But this is the most fulfilling vocation I have ever had,” she said.

She operates Caring Christians with her husband, Chris, and 170 passionate and professional caregivers.

“My caregivers are family to me. They’re lovely people that I trust to put in anybody’s home,” Deanna said. “I meet with every client and get to know the family. Then, I have the pleasure of matchmaking each one of our clients with one of our caregivers.

I look at the whole person, not just their medical needs. We look at their emotional, spiritual and social needs as well.

“This is a ministry for us, but I always say that God owns the company. We keep our overhead very low so that we can keep our costs low. We charge the same rate for days, nights, evenings and weekends, and we charge the same hourly rate whether we’re caring for an individual or a couple.”

Deanna has caregivers with experience to provide expert nursing assistance, including caring for patients who have ventilators or traches, G-tubes

or Foley catheters, or who require IV therapy.

She describes herself as a Christian first and a patient advocate second. Those are her daily priorities.

“The name of our company is Caring Christians, but we care for people who are Jewish, atheist, Muslim – we care for

everyone the same way. We’re going to be loving to them and provide extraordinary care. That’s the heart of who we are. We are called to be the hands and feet of Jesus.”

Her commitment includes personally answering every call that comes in, 24 hours a day, seven days a week and providing complimentary case management services for every one of her clients.

“We specialize in helping people use their long-term care insurance. I’m one of the few RNs in Missouri that has been a nurse assessor for all of the long-term care companies, so I am an expert in that field. I hold the hands of clients who have long-term care insurance, helping them through what can be an arduous process to get all of the benefits they are entitled to and have been paying for, sometimes for 20 or 30 years,” Deanna said.

Caring Christians Private Duty provides the following services and types of care:

- Meal preparation
- Medication reminders
- Companionship
- Safety and supervision
- Hygiene assistance
- Light housekeeping

- Ambulation assistance
- Exercise assistance
- Nursing assistance
- 24/7 Live-in care
- Alzheimer’s and dementia care
- Hospital to home care
- Hospice supportive care
- Respite care for caregivers
- Medication management

“No senior wants help in their home,” Deanna acknowledged. “We all want to be autonomous and take care of ourselves. We understand that. We know that the people we are caring for feel fragile, vulnerable, scared and wary of strangers in their home. But we also know that people fare best when they can remain in their homes with their pets and near their neighbors, friends and family. When they can live out their days in the homes they work so hard to build.

“I invite anyone who needs in-home assistance to give me a call today.”



Deanna Altenbernd

**Caring Christians
Private Duty**

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